LIVESTOCK MANAGEMENT

Clean Milking and Mastitis Prevention

Simple milking routines that protect udder health and milk quality.

Mastitis, an infection of the udder, lowers milk yield and quality and can lead buyers to reject milk. Most cases can be prevented with a clean, consistent milking routine.

A clean milking routine

- Milk in a clean, dry place and wash your hands before milking.
- Clean and dry the teats before milking, using a separate cloth or paper for each cow.
- Check the first milk from each quarter for clots or changes.
- Milk gently and completely.
- Protect teat skin after milking. Sidai Milking Salve soothes and protects teats and keeps milkers' hands smooth.
- Milk cows with mastitis last and keep their milk separate.

Testing

Sidai offers milk quality and mastitis testing. Testing helps you find cows with hidden (sub-clinical) mastitis before it spreads.

> *Talk to a Sidai vet if mastitis keeps recurring in your herd.*

This guide gives general information. Always read and follow product labels, and ask a qualified Sidai vet or agronomist for advice on your own animals or crops. Online version: sidai.com/resources/guides/clean-milking-and-mastitis